Table S1. List of the variables used for the computation of the frailty index

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| 1. Depression
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| 1. Psychiatric disorders
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| 1. Diabetes
 |
| 1. Hypertension
 |
| 1. CHF
 |
| 1. CHD
 |
| 1. Pacemaker
 |
| 1. Thyroid disorders
 |
| 1. Cancer
 |
| 1. History of cancer
 |
| 1. COPD
 |
| 1. Cerebrovascular disease
 |
| 1. Cognitive impairment
 |
| 1. Hepatopathy
 |
| 1. Hepatic insufficiency
 |
| 1. Gastrointestinal disorders
 |
| 1. Peripheral artery disease
 |
| 1. Atrial fibrillation
 |
| 1. HBV
 |
| 1. HCV
 |
| 1. Unintentional weight loss
 |
| 1. Albumin levels < 3.5 g/dL
 |
| 1. Transferrin levels < 200 mg/dl
 |
| 1. Parathormone levels > 500 or < 100 pg/mL
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CHF: Chronic Heart Failure; CHD: Coronary Heart Disease; COPD: Chronic Obstructive Pulmonary Disease; HBV: Hepatitis B Virus; HCV: Hepatitis C virus