Table S1. List of the variables used for the computation of the frailty index

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| 1. Depression |
| 1. Psychiatric disorders |
| 1. Diabetes |
| 1. Hypertension |
| 1. CHF |
| 1. CHD |
| 1. Pacemaker |
| 1. Thyroid disorders |
| 1. Cancer |
| 1. History of cancer |
| 1. COPD |
| 1. Cerebrovascular disease |
| 1. Cognitive impairment |
| 1. Hepatopathy |
| 1. Hepatic insufficiency |
| 1. Gastrointestinal disorders |
| 1. Peripheral artery disease |
| 1. Atrial fibrillation |
| 1. HBV |
| 1. HCV |
| 1. Unintentional weight loss |
| 1. Albumin levels < 3.5 g/dL |
| 1. Transferrin levels < 200 mg/dl |
| 1. Parathormone levels > 500 or < 100 pg/mL |

CHF: Chronic Heart Failure; CHD: Coronary Heart Disease; COPD: Chronic Obstructive Pulmonary Disease; HBV: Hepatitis B Virus; HCV: Hepatitis C virus