Supplementary Table S3: List of 38 health conditions considered in the FRAIL scale

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| 1. | Body mass index (abnormal) | 20. | Shortness of breath |
| 2. | Myocardial infarction | 21. | Morning phlegm |
| 3. | Hypertension | 22. | Chronic phlegm |
| 4. | Asthma | 23. | Poor eyesight |
| 5. | Bronchitis | 24. | Postural hypotension |
| 6. | Stroke | 25. | Tachycardia |
| 7. | Cancer | 26. | Hyperlipidaemia |
| 8. | Thyroid conditions | 27. | Chronic obstructive pulmonary disease |
| 9. | Gastrointestinal symptoms | 28. | Transient ischemic attack |
| 10. | Hearing problems | 29. | Dementia |
| 11. | Falls | 30. | Parkinson’s disease |
| 12. | Diabetes | 31. | Liver disease |
| 13. | Waist-hip-ratio (abnormal) | 32. | Osteoporosis |
| 14. | Angina | 33. | Gout |
| 15. | Chest pain | 34. | Chronic kidney disease |
| 16. | Chest discomfort | 35. | Epilepsy |
| 17. | Arthritis | 36. | Head injury |
| 18. | Cataract | 37. | Vitamin B12 deficiency |
| 19 | Glaucoma | 38. | Intermittent claudication |