**Supplementary Table 1: Baseline Characteristics of total cohort and SO based on WC, FMI and FM%**

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| --- | --- | --- | --- | --- |
|  | **Total (n=200)** | **SO by WC (n=19)** | **SO by FMI (n=10)** | **SO by FM% (n=13)** |
| Age, years (SD) | 67.9 (7.9) | 74.2 (8.2) | 74.4 (7.4) | 74.9 (7.1) |
| Male,n (%) | 63 (31.5) | 3 (15.8) | 3 (30) | 4 (30.8) |
| Current smoker, n (%) | 8 (4.0) | 0 (0) | 0 (0) | 0 (0) |
| Diabetes Mellitus, n (%) | 43 (21.5) | 6 (31.6) | 2 (20.0) | 2 (15.4) |
| Hypertension, n (%) | 96 (48.0) | 13 (68.4)  | 8 (80.0) | 10 (76.9) |
| Hyperlipidemia, n (%) | 132 (66.0) | 13 (68.4) | 6 (60.0) | 7 (53.9) |
| Ischemic Heart Disease, n (%) | 4 (2.0) | 1 (5.3) | 0 (0) | 0 (0) |
| Stroke, n (%) | 5 (2.5) | 1 (5.3) | 0 (0) | 0 (0) |