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| Appendix table 2. Prevalence of physical frailty from cohort studies providing data for both waves (2012 and 2017) |
| 　 | Age group(N of studies, N of subjects) | Pooled prevalence | 　 | 　 | 　 | 　 | 　 | Heterogeneity |
| Prevalence % (95% CI) | 　 | 　 | 　 | 　 | 　 | Q-value | p | I-squared |
| All |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 2012 |  |  |  |  |  |  | 　 |  |  |  |
|  | All | (5 studies, |  n=5151) | 6.8 | (4.8 | - | 9.4) | 339.23 | 0.00 | 89.09 |
|  | 65-69 | (3 studies, |  n=1005) | 1.0 | (0.5 | - | 1.8) | 1.26 | 0.94 | 0.00 |
|  | 70-74 | (3 studies, |  n=1021) | 2.1 | (1.4 | - | 3.3) | 4.88 | 0.43 | 0.00 |
|  | 75-79 | (5 studies, |  n=1751) | 6.3 | (3.9 | - | 9.9) | 50.14 | 0.00 | 84.04 |
|  | 80-84 | (5 studies, |  n=1136) | 12.2 | (8.0 | - | 18.2) | 47.49 | 0.00 | 83.15 |
|  | 85-89 | (4 studies, |  n=238) | 23.9 | (14.2 | - | 37.2) | 24.47 | 0.00 | 71.39 |
|  |  |  |  |  |  |  |  |  |  |  |
|  | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 |
|  | 2017 |  |  |  |  |  |  |  |  |  |  |
|  | All | (5 studies, |  n=3912) | 5.6 | (4.2 | - | 7.5) | 136.89 | 0.00 | 72.97 |
|  | 65-69 | (3 studies, |  n=507) | 2.4 | (1.4 | - | 4.2) | 0.84 | 0.97 | 0.00 |
|  | 70-74 | (3 studies, |  n=706) | 1.7 | (0.9 | - | 3.2) | 4.13 | 0.53 | 0.00 |
|  | 75-79 | (5 studies, |  n=1580) | 3.7 | (2.5 | - | 5.5) | 15.95 | 0.04 | 49.84 |
|  | 80-84 | (5 studies, |  n=828) | 8.1 | (6.4 | - | 10.3) | 7.94 | 0.44 | 0.00 |
|  | 85-89 | (4 studies, |  n=291) | 18.2 | (14.0 | - | 23.3) | 9.74 | 0.20 | 28.12 |
|  |  |  |  |  |  |  |  |  |  |  |
| 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 | 　 |
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