*Note.* Weighted to account for the sampling design within the nationwide sample. ADL=activities of daily living; IADL=instrumental activities of daily living.

*Table 5.* Technology Use Among Local NYC HDMP Participants, Overall and By Self-Reported Health Status

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Overall, n=29** | **Fair/Poor Health, n=17** | **Good/Very Good Health, n=12** |  |
| Have access to the internet, n (%) | 17  (58.6%) | 6 (20.7%) | 11  (37.9%) |  |
| Use a computer keyboard to type, n (%) | 14  (48.3%) | 6  (20.7%) | 8  (27.6%) |  |
| Find information about health on the internet, n (%) | 15  (51.7%) | 6  (20.7%) | 9  (31.0%) |  |
| Use a computer to enter events into a calendar, n (%) | 3  (10.3%) | 3  (10.3%) | 0  (0.0%) |  |
| Use a computer to watch movies or videos, n (%) | 7  (24.1%) | 2  (6.9%) | 5  (17.2%) |  |
| Use a web-cam (camera) to video chat, n (%) | 4  (13.8%) | 2  (6.9%) | 2  (6.9%) |  |
| Post messages to social media, n (%) | 5  (17.2%) | 3  (10.3%) | 2  (6.9%) |  |
| **Types of computers used, n (%)** | | | |  |
| Desktop or laptop | 15  (51.7%) | 5  (17.2%) | 10  (34.5%) |  |
| Tablet or iPad | 9  (31.0%) | 3  (10.3%) | 6  (20.7%) |  |
| Smartphone | 9  (31.0%) | 4  (13.8%) | 5  (17.2%) |  |
| None of the above | 13  (44.8%) | 6  (20.7%) | 7  (24.1%) |  |
| **Desired method for receiving health information, n (%)** | | | |  |
| Email | 11  (37.9%) | 5  (17.2%) | 6  (20.7%) |  |
| Videos through computer, smartphone, or iPad | 11  (37.9%) | 5  (17.2%) | 6  (20.7%) |  |
| Group meetings by computer, smartphone, or iPad | 9  (31.0%) | 4  (13.8%) | 5  (17.2%) |  |
| In person visits with a health professional | 26  (89.7%) | 10  (34.5%) | 16  (55.2%) |  |
| Telephone calls with a health professional | 19  (65.5%) | 7  (24.1%) | 12  (41.4%) |  |
| Other | 21  (72.4%) | 8  (27.6%) | 13  (44.8%) |  |
| Mail | 10  (34.4%) | 3  (10.3%) | 7  (24.1%) |  |
| Media (Television/Newspapers/Newsletters) | 7  (24.3%) | 5  (17.2%) | 2  (24.1%) |  |
| Peers and family members | 7  (24.1%) | 3  (10.3%) | 4  (13.8%) |  |

*Note. Sample* size differences are due to missing survey responses.

*Table 6.* Educational Interests Among Local NYC HDMP Participants, Overall and by Self-Reported Health Status

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Overall, n=29** | **Fair/Poor Health, n=17** | **Good/Very Good Health, n=12** |
| Diabetes | 12  (41.4%) | 4  (13.8%) | 8  (27.6%) |
| Exercise | 17  (58.6%) | 6  (20.7%) | 11  (37.9%) |
| Healthy eating | 14  (48.2%) | 5  (17.2%) | 9  (31.0%) |
| Improving sleep | 17  (58.6%) | 8  (27.6%) | 9  (31.0%) |
| Meeting new people | 15  (51.7%) | 6  (20.7%) | 9  (31.0%) |
| Weight loss | 8  (27.5%) | 3  (10.3%) | 5  (17.2%) |
| Other | 21  (72.4%) | 10  (34.5%) | 11  (37.9%) |
| Other medical complaint (musculoskeletal, neuro, or GI) | 13  (44.8%) | 8  (27.6%) | 5  (17.2%) |
| Alternative healing modalities/vitamins | 7  (24.1%) | 4  (13.8%) | 3  (10.3%) |
| Safe dieting/maintaining strength | 5  (17.2%) | 2  (6.9%) | 3  (10.3%) |
| Pursuing higher education | 1  (3.5%) | 1  (3.5%) | 0  (0%) |
| Interest in virtual senior center | 16  (55.1%) | 7  (24.1%) | 9  (31.0%) |
| Provided contact information for more information | 16  (55.1%) | 5  (17.2%) | 11  (37.9%) |

*Note.* Sample size differences are due to missing survey responses.