|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Cutoffs values for frailty instruments** | | | |  |  |  |  |
| *Cut-off values (points)* | | | | | | | |
| *Instruments* |  | Robust |  | Prefrail |  | Frail |  |
| Fried frailty phenotype (1) |  | 0 |  | 0 |  | ≥3 |  |
| Tilburg frailty indicator (2,3) |  | 0 |  | 0 |  | ≥5 |  |
| FRAIL (4) |  | 0 |  | 0 |  | 3-5 |  |
| Kihon checklist\* (5) |  | 0 |  | — |  | 25 |  |
| SOF6 |  | 0 |  | 0 |  | 2-3 |  |
|  |  | No frailty |  | Visible Vulnerable Frailty |  | Mild, Moderate, and Severe Frailty |  |
| Edmonton frailty scale (7,8) |  | 0-4 |  | 5-6 |  | ≥7 |  |
|  | Very fit | Well | Well, with threated comorbid disease | Apparently vulnerable | Mildly frail | Moderately frail | Severely frail |
| Clinical Frailty Scale (9) | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| \* There is no established cut-off for the Kihon checklist | | |  |  |  |  |  |

**Supplementary material 3**: cut-off values for frailty assessment instruments

**References**

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