|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Cutoffs values for frailty instruments** |   |   |   |   |
| *Cut-off values (points)* |
| *Instruments* |   | Robust |   | Prefrail |   | Frail |   |
| Fried frailty phenotype (1)  |   | 0 |   | 0 |   | ≥3 |   |
| Tilburg frailty indicator (2,3)  |   | 0 |   | 0 |   | ≥5 |   |
| FRAIL (4)  |   | 0 |   | 0 |   | 3-5 |   |
| Kihon checklist\* (5)  |   | 0 |   | — |   | 25 |   |
| SOF6 |   | 0 |   | 0 |   | 2-3 |   |
|   |   | No frailty |   | Visible Vulnerable Frailty |   | Mild, Moderate, and Severe Frailty |   |
| Edmonton frailty scale (7,8)  |   | 0-4 |   | 5-6 |   | ≥7 |   |
|   | Very fit | Well | Well, with threated comorbid disease | Apparently vulnerable | Mildly frail | Moderately frail | Severely frail |
| Clinical Frailty Scale (9) | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| \* There is no established cut-off for the Kihon checklist |   |   |   |   |   |

**Supplementary material 3**: cut-off values for frailty assessment instruments

**References**

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